

ADULT & CHILD CENTER

Transitional Living Program

Power Through Choices

Introduction: This form is to explain the purpose, procedures, risks and benefits associated with allowing your child/adolescent to participate in our Power Through Choices pregnancy prevention program, along with a survey about teens and their knowledge, attitudes, and behaviors related to sex.

We would like for your teen to complete this survey and participate in a 10 week group. Our goal is to better understand teens' beliefs and behaviors related to dating and sex in this community. We want to know about teen dating. We want to know about teens' choices about sex. We want to know about teens' goals in school. We want to teach you pregnancy prevention information. We value your thoughts on these topics and participation in this group.

Purpose of the Survey: The Transitional Living Program's new service, "Power Through Choices," is doing a survey of teens and holding a 10 week group. In order to do this survey and participate in the group, we will ask your teen questions. You do not have to agree to your teen's participation in this survey or the group. Nothing bad will happen if you do not. Your decision to participate will have no impact on your teen's ability to continue in other programs we offer.

Procedures: You are free to allow or disallow your teen to complete this survey or participate in the group. If you allow your teen to participate if they want to, the survey and group will include the following:

- (1) Your teen will fill out a survey. This survey will take about a half hour to complete. The questions asked deal with school and career goals. The questions also deal with teen dating and sex. We will provide a semi-private room for your teen to complete the survey. He/she will fill out his/her survey there. An Adult & Child staff member will be there to help your teen should they have questions. Your teen will not put his/her name on the survey and we will not keep any information that would connect your teen to the information they provide. The survey is anonymous.
- (2) The group will last 10 weeks and will cover the topics that are covered in the survey. Your teen will be asked to attend each group and participate for one night per week for 10 weeks.

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Risks or Discomforts: Your teen could be embarrassed by some questions or group sessions. Your teen can decide not to answer any question(s) or remain quiet in the group. If you or your teen want to stop the survey or participation in the group, you should just let us know. We do not want to embarrass or upset your teen with this new program.

Some questions on the survey or within the group may be sensitive and they may need to talk about their feelings. If so, you should tell a Transitional Living Program staff or your case manager. We can talk to your teen about how about how they are feeling. We can also answer any questions you may have.

Benefits: There will be no direct benefits from being part of the “Power Through Choices” survey. However, the information we get from the survey will help us develop or modify the programs we offer to youth in this community. Your teen may benefit from the group in that he/she may obtain valuable information that could impact his/her life and the choices they may make in their future.

Confidentiality: Your teen’s name is not on the surveys. We will lock all surveys and data in a cabinet. We will destroy the surveys when we are done with this project. We will not tell anyone what your teen responded or wrote.

Cost/Payment: The only cost to your teen is time. Your teen will receive incentives for completing the survey and participating in the group. We value the time your teen will be giving.

Right to Refuse or Withdraw: Your teen is free to agree to participate in the group or not. Your teen may stop at any time without any penalty.

Persons to Contact: If you have any questions, please call an Adult & Child staff member or your child’s assigned case manager. This number is 317-635-3306_____. Someone will return your call as soon as possible. You may also have comments about this program after your teen completes it—call the same number to share your comments.

How to Get Involved:

1. Please sign the permission form on the next page.
2. Talk with your teenager about joining this study.
3. Contact your child’s case manager with any questions you have.

Your Consent: Do you want your teen to take part in the Power Through Choices pregnancy prevention program at Adult & Child Center? If you give your permission for your teen to take part, please check the first line on the next page. Print your name. Print your teenager’s name. Sign your name with today’s date.

If you DO NOT want your teen to take part in the study, please check the second line.

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Thank you for taking the time to read this information!

Parental Consent Form

I have read this permission form. All my questions were answered. All parts of the Power Through Choices program at Adult & Child are clear to me.

Please check one:

_____ I *give my consent* for my teen to be part of the program. I have received a copy of this consent form.

_____ I *DO NOT give my consent* for my teen to be part of the program.

Adolescent Name – Please Print

Parent/Guardian Name – Please Print

Parent/Guardian Signature

Date

Client Name:	Record No:
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